

# CELEBRATION OF WELLNESS

## NEWS

Issue 35

December 2020

### As Covid-19 Cases Rise, Insurers Reduce

By: Anna Wilde Mathews and Robbie Whelan from the Wall Street Journal

Major insurers are taking different approaches to covering remote care, which is typically done by phone or video. The companies are offering an array of deadlines, reimbursement strategies and charges, depending on factors like the type of plan or the purpose of the medical visit. Doctors and hospital officials say the complex rules are leading to confusion.



The cost-sharing charges create concern that patients, when faced with an increased financial burden for Telehealth, might delay or avoid visits. "It is really very complicated," said Ted Okon, executive director of the Community Oncology Alliance.

"It should be simplified and unified so that you don't have to constantly go back to this grid." For example, the new Anthem and United Health changes only apply to certain plans and don't include the generally free virtual visits related to Covid-19. Some other insurers ended cost-sharing waivers for Telehealth visits earlier in the year. "Shifting the co-payments back to patients presents the risk that patients will cancel Telehealth appointments or seek in-person visits that heightened the threat of infections," said Thomas Owens, Senior Vice-President of Duke University Health System.

Telemedicine grew rapidly this spring and summer as the Coronavirus pandemic shut down swaths of the U.S. health-care system. Doctors and hospitals around the country canceled much of their routine, in-person care and patients stayed home because they were nervous about the risk of infection.

Insurers and the federal Medicare program rushed out expanded coverage for virtual visits, often including reimbursement for doctors on-par with what they previously received for seeing patients in their offices. Doctors and hospitals say they are also struggling with uncertainty about future coverage of Telehealth, since many insurers have said their current policies are guaranteed only until the end of the year.



### Drop off your *Letter to Santa* at Celebration Pediatrics!

Make sure your kids write out their letters to Santa! This year, we are making sure Santa gets letters from all his patients at Celebration Pediatrics. Whether you print our letter guide from our website or get this fun template on your next visit, have your child fill the list and put it in Santa's mailbox beside the Christmas Tree in our office!



OUR SPECIAL SANTA LETTERS WILL BE AVAILABLE BOTH AT OUR OFFICE AS WELL AS ON OUR WEBSITE HOME PAGE.



A telehealth visit allows you to talk with your doctor by phone over audio/video over the Internet.

### Meet and Greet ZOOM Schedule

- December: Wednesday, December 16th at 5:30 PM
- January: Wednesday, January 20th at 5:30 PM
- February: Wednesday, February 17th at 5:30 PM



### Holiday Closure

Please note our office will be closing early on December 24th. We will be closed on December 25th and January 1st for the holidays. In case of an Emergency, please call 911.

### MEET THE PROVIDERS AT CELEBRATION PEDIATRICS

Robert "Dr. Bob" Dabrow, MD, FAAP, Medical Director  
Rayyan M. Anwer, MD, FAAP

Monica Urquiola, APRN      Victoria B. Bernhardt, APRN

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