

# CELEBRATION OF WELLNESS

## NEWS

Issue 41

June 2021

### Ovarian Cancer Awareness: Our Pledge for Early Detection

Ovarian cancer is the second most common type of female reproductive cancer, and more women die from ovarian cancer than from cervical cancer and uterine cancer combined. At Celebration Obstetrics and Gynecology, our pledge is to increase education and raise awareness to better serve our patients throughout the year. Consistent education and open communication with patients throughout the year will help lead to early detection and successful treatments. The month of September is Ovarian Cancer and Pediatric Cancer awareness month. Our partnership with the M Family Foundation and their annual 5k has created great success. We are encouraging all of our patients, staff, and family members to join us!



#### 2021 M Family Foundation's 5th Annual Cancer Superhero Virtual 5K Honoring Our Superhero, Nancy Janosco (1956 – 2021)

We are thrilled to connect with superheroes once again throughout the world to raise awareness, increase education, and provide financial support to the brave women and children who are battling Ovarian and

Pediatric Cancer. Wherever you live, we can fight together for our Virtual Cancer Superhero Run. We celebrate survivors who have won their battle with cancer as well as those who shine on through their loved ones.

The flexibility of a virtual race allows you to complete your race anytime during the month of September. You can run inside on a treadmill or outside on a course of your choice! All photos and race result submissions need to be in by September 30, 2021 at 11:59 PM EST.



Mark your calendars!!  
Registration opens on June 15, 2021 at  
[www.mfamilyfoundation.org](http://www.mfamilyfoundation.org).

\*\*All race participants will enjoy an exclusive membership to our 2021 Virtual Superhero

Facebook group, where we will host contests and award prizes throughout the month of September. Participants will also receive a finisher medal, race hat, and downloadable race bibs. Race shirts may be purchased for an additional fee through the event registration portal.

### Celebrating Father's Day: Five Important Ways Fathers Impact Child Development

When it comes to parenting, it can sometimes feel like fathers are second best. Some depictions of dads in popular culture push the stereotype of fathers as incompetent, emotionally disconnected, and "secondary" parents who are not nearly as important to their children as their mothers. Although a mother's love is important and special, having an active father figure plays an equally important role in the healthy development of a child.



Here are 5 important ways fathers impact child development:

- 1. Increase Intellect.** Studies show that children with fathers who are actively involved throughout the 1st year of their child's life perform better on cognitive development assessments and demonstrate an increased capacity for curiosity and exploration.
- 2. Boost Confidence.** Children with supportive fathers that value and love them are more likely to have high self-esteem and are generally happier and more confident.
- 3. Someone to Look Up To.** Fathers provide a positive male role model for their children and help to promote/reinforce good behaviors.
- 4. Provide A Different Perspective.** Children are naturally full of questions, and mothers and fathers approach those questions in different ways. Active fathers have a unique opportunity to share their perspectives on life and teach their kids valuable life skills!
- 5. Feel the Love!** Having an active father makes a child feel loved. Having dad as a steady source of love and encouragement helps ensure that children grow up happy, healthy, and with high self-esteem.

Being an active father is one of the most important things you can do for your child. For the full article head on over to our website at [www.celebrationobgyn.com](http://www.celebrationobgyn.com).

### JUNE ULTRASOUND COUPON

Good for \$10.00 off a quick peek  
in our Davenport office only.

Call  
407.566.2229  
to schedule!

Valid 6/1/21 - 6/30/21



### MEET THE PROVIDERS AT CELEBRATION OBGYN

David A. Marcantel, MD, FACOG • Robert F. Lemert, MD, FACOG  
Norris M. Allen, MD, FACOG • Michele Johnson, MD, FACOG  
Denise L. Klemczak, DO, FACOG • Charlene Okomski, DO, FACOG  
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CELEBRATION OBSTETRICS  
AND GYNECOLOGY

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### The Science Behind the COVID-19 Vaccine: Parent FAQs

With the recent approval of the Covid-19 vaccination for children ages 12-15, we thought many parents would find this article helpful in answering some of their questions.



#### How does the COVID-19 vaccine work?

The COVID-19 vaccine works similarly to other vaccines your child has had. Germs such as SARS-CoV-2, the virus that causes COVID-19, invade and multiply inside the body. The vaccine stops this by teaching the immune system to recognize and make antibodies to fight the virus. After vaccination, your child has less of a chance of getting COVID-19. And if they do get infected with the virus, they may not be as sick as they would without the vaccine.

#### What are the types of vaccines?

Three different vaccines have been given emergency use authorization by the U.S. Food and Drug Administration (FDA). Two require two doses (Pfizer and Moderna), and one involves a single shot (Johnson & Johnson).

#### How do we know COVID-19 vaccines are safe for kids?

Before getting FDA emergency use authorization, clinical trials showed COVID-19 vaccines to be remarkably safe and effective for adults and teens age 16 and up. Trials involved tens of thousands of volunteers. After getting additional safety data for younger teens, the FDA extended authorization to adolescents ages 12 and older. Clinical trials are underway for children as young as six months old.



The vaccines continue to be monitored very closely. The Centers for Disease Control and Prevention (CDC) say that COVID-

19 vaccines will have “the most intensive safety monitoring in U.S. history.” For additional questions or concerns about the COVID-19 vaccine, please give our office a call at 407-566-9700.

### Congratulations to Celebration Pediatrics for Earning the PCMH Seal!



The patient-centered medical home is a model of care that puts patients at the forefront. PCMHs build better relationships between patients and their clinical care teams. Research shows that PCMHs improve quality and patient experience, increase staff satisfaction, and reduce health care costs. Practices that earn this recognition have made a commitment to continuous quality improvement and a patient-centered approach to care.

“NCQA Patient-Centered Medical Home Recognition raises the bar in defining high-quality care by emphasizing access, health information technology, and coordinated care focused on patients,” said NCQA President Margaret E. O’Kane. “Recognition shows that Celebration Pediatrics has the tools, systems, and resources to provide its patients with the right care at the right time.”

### Meet and Greet Schedule

June 23 @ 5:30PM  
July 21 @ 5:30PM  
August 18 @ 5:30PM



Mark your calendars!!  
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at [www.mfamilyfoundation.org](http://www.mfamilyfoundation.org).

## MEET THE PROVIDERS AT CELEBRATION PEDIATRICS

Robert “Dr. Bob” Dabrow, MD, FAAP, Medical Director

Rayyan M. Anwer, MD, FAAP

Monica Urquiola, APRN, FNP-BC, CLC • Victoria B. Bernhardt, APRN

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